



Standing Calf

The Nautilus Standing Calf machine targets both the inner and outer (gastrocnemius and soleus) calf muscles, with a greater emphasis on the gastrocnemius due to the extended leg position, making it ideal for building overall calf size, strength, aesthetic definition, and athletic performance. Engineered with a curved foot platform for optimal hyperflexion and reduced foot pressure, swivel shoulder pads for comfort, and a precise nearly 1:1 weight ratio. With a 540 lb weight capacity and integrated weight plate storage, it combines performance, durability, and convenience. Perfect for any fitness facility and designed to be the ultimate solution for calf muscle development.



FEATURES	
Length	73 in (186 cm)
Width	4 in (110 cm)
Height	81 in (206 cm)
Product Weight	463 lbs (210 kg)
FEATURES, ADJUSTMENTS & MOVEMENTS	
User defined range of motion	No, fixed path of motion with upper body pivot bench
FRAME SPECIFICATIONS & CABLE INFORMATION	
Standard frame color options	60 Black
Standard upholstery color options	Black
Frame finish	Electrostatic Powder coating
Customizable paint/upholstery options available	Yes with additional fees and extended lead times
Customizable branding options available	No
Bolt down locations defined	Yes
Integrated leveling system	No, rubber feet for floor protection
Hardware type	Hex / Button Head
Tubbing style & thickness	Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga
USER SPECIFIC INFORMATION	
Static placards	Yes
Multi-language placards options available	Yes
Safety catch & stops	Easy to operate safety stop with low load points for safe and simple use
Water Bottle Holder/Phone Holder	No
Grip specifications	Rubber, smaller grips.
Foot platform	Contoured foot platform to accommodate users of all sizes
Contoured pads	No
WEIGHT STACK SPECIFICATION	
Plate Loaded	45 lb (20 kg) boom
Weight Storage Solution	Integrated Olympic plate storage
Add- On Resistance Available	540 lb (245 kg) max load capacity
SHIPPING	
Shipping Weight (Boxed)	518 lbs (235 kg)
SKUS	

9NP-L1112