

LATERAL RAISE

RS-1502

ADJUSTABLE SEAT HEIGHT



SPECS

PRODUCT DIMENSIONS (L X W X H)

59.00" X 48.00" X 56.50" (150 cm X 122 cm X 144 cm)

PRODUCT WEIGHT

526 lbs (239 kg)

538 lbs with RS-CAGE-NG-OPT1 (244 kg)

WEIGHT STACK

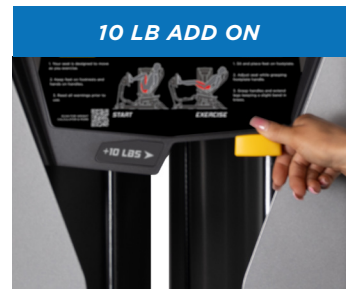
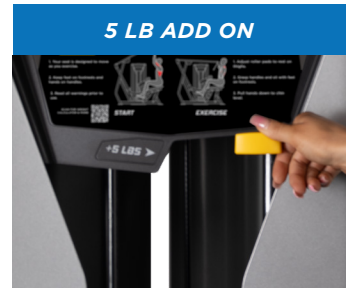
255 lbs (116 kg)

260 lbs with RS-CAGE-NG-OPT1 (118 kg)

FEATURES

- ◆ Rocking forward movement of the torso during the exercise challenges core muscles while engaging an optimal range of deltoid muscle flexion
- ◆ Swiveling stabilizer handles to accommodate varying user sizes
- ◆ Bi-lateral functionality allows for single-arm exercising
- ◆ Adjustable seat for varying user sizes
- ◆ Optional 5 lbs. Weight Upgrade (RS-CAGE-NG-OPT1)

ADD ON WEIGHT



OPTIONS

RS-CAGE-NG-OPT1

5 lbs

RS-CAGE-NG-OPT2

10 lbs

RS-CAGE-NG-OPT3

5 lbs

RS-CAGE-NG-63-OPT1

5 lbs

RS-CAGE-NG-63-OPT2

10 lbs

RS-CAGE-NG-63-OPT3

10 lbs

FEATURES

- ◆ **User-Friendly Design:** Smaller Weight Increments: Cater to diverse users, enhancing accessibility.
- ◆ **Training Variety:** Range of Weight Options: Enables diverse training programs for engaging workouts.

ADD ON WEIGHT

RS-CAGE-NG-OPT1

ROC-IT SELECTORIZED

- ◆ RS-2101
- ◆ RS-2102
- ◆ RS-1103
- ◆ RS-2201
- ◆ RS-2203
- ◆ RS-2204
- ◆ RS-2301
- ◆ RS-2302
- ◆ RS-2401
- ◆ RS-2402
- ◆ RS-2406
- ◆ RS-2407
- ◆ RS-2408
- ◆ RS-2412
- ◆ RS-2415
- ◆ RS-1501
- ◆ RS-1502
- ◆ RS-2601
- ◆ RS-2602

HD-DUAL

- ◆ HD/G-3100
- ◆ HD/G-3600
- ◆ HD/G-3800
- ◆ HD/G-3900

RS-CAGE-NG-OPT2

ROC-IT SELECTORIZED

- ◆ RS-2403

RS-CAGE-NG-OPT3

HD-DUAL

- ◆ HD/G-3300
- ◆ HD/G-3400

ADD ON WEIGHT

RS-CAGE-NG-63-OPT1

HD-DUAL

- ◆ HD/G-3200

RS-CAGE-NG-63-OPT2

HD-DUAL

- ◆ HDG-3403

RS-CAGE-NG-63-OPT3

HD-DUAL

- ◆ HD-3403